

# Rigul Trust

Rigul Trust is a UK based charity set up to help people living in impoverished areas – in particular in Rigul, a remote village in the Kham district of eastern Tibet. So far a primary school and health clinic have been established. People in this area are commonly nomadic and of very limited means. There is very little infrastructure provided, no surfaced roads, and the climate can be very harsh.

At present the school is open 7 days a week and 65 children attend. Two hot meals are provided every day (which has made the school even more popular!). Some children walk an hour each day to the school. There are 3 teachers.

A health clinic has also been established nearby with a doctor, assistant and nurse. As many as 45 people attend every day and people are coming from further and further afield.

100% of all donations received go to further activities in the field. We would very much appreciate your support.

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Registered Charity Number 1124076



**The school under construction in Rigul, Kham, Tibet. 2006**



**Classes are now held every day**



**Roll call !**



**Lunch break !**



**A welcome visitor: the Lama Ringu Tulku, a native of Rigul, and the initiator and guide of the projects**



**The new clinic in Rigul**



**A patient in the clinic**



**Herbal medicines in the clinic**



**The resident doctor looking after a child**