

Your opportunity to be involved in a very special project

The Voyage of Recovery



The adventure begins 1 August 2012 and we need your help to make sure it happens

Phoenix Futures (a charity providing services for people with drug and alcohol problems) and the Tectona Trust (a charity dedicated to improving access to the world of sailing for those who are struggling to overcome addiction) are planning a very special project and we would welcome your support.

We will be giving the opportunity to 160 Phoenix Future's service users to sail the beautiful Gaff Ketch Tectona sail boat 1,800 miles in 11 legs around the coastal waters of Britain on a 12 week voyage.

"I went on a sail training trip whilst in treatment and now work as a volunteer on the same boat, its been life changing in more ways than anyone could imagine"

Darren Long - Former Phoenix Futures Service User

The voyage objectives

To provide those that are currently engaged in intensive in drug and alcohol rehabilitative treatment, and have already demonstrated a strong commitment to their goal of recovery, a goal to aim towards.

To offer an alternative form of therapy which will enhance their treatment and inspire others to start the voyage to their own recovery.

What's the benefit of this project?

Sailing the Tectona is hard, physical work involving team-work and a commitment to learning new skills. The service users would be involved in every aspect of running the ship, day and night. Professional crew provided by The Island Trust (a sail training charity) will ensure safety, teach techniques and encourage service users to reflect on their experiences on a daily basis.

Sail training is proven to increase individual's self-esteem and confidence, it enables service users to gain awareness of one another and learn how to work as a team to achieve a common goal.

Each service user would also obtain a RYA competent crew certificate which is a recognised qualification and a great starting point for anyone thinking about a career in sailing. This project will open up the world of sail training, and the benefits that come with it, to many people who wouldn't normally have such an opportunity.

How can you be part of this very special project?

- Anyone can purchase a place on the first leg of the journey from Plymouth to Portsmouth and experience sailing the 80ft Tectona for yourself - price on enquiry
- You could sponsor a service user to take part - up to £600
- Donate directly to this project at www.justgiving.com
- Donate equipment, food, waterproof clothing
- Arrange a fundraising event in your community
- Be the official headline sponsor of the The Voyage for Recovery and add your name to this innovative project

For more information go to www.phoenix-futures.org.uk or call **0207 234 9762**



Phoenix Futures

Ending dependency, transforming lives



Phoenix House (operating as Phoenix Futures) is a registered charity in England and Wales (No. 284880) and in Scotland (No. SC039008). Company Limited by Guarantee Number 1626869. Registered Tenant Services Authority Number H3795. National Housing Federation Member.

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Thank you for your support